

## Covid-19 Risk Assessment

Name of Club:		Name of Risk Assessor:			Date of Risk Assessment:		
What are the hazards?	Who might be harmed	Controls considered	Additional Controls	Action by who?	Action by when?	Done	
<b>Spread of Covid-19 Coronavirus</b>	<ul style="list-style-type: none"> <li>Members</li> <li>Participants</li> <li>Instructors</li> <li>Volunteers</li> <li>Parents</li> </ul>	<ul style="list-style-type: none"> <li>Notify members and participants of the new Covid-19 controls</li> <li>Thorough hand washing with soap or if not available, hand-sanitiser, should be undertaken by all participants and workforce before and after FloatFit classes</li> <li>Participants must not share equipment at any time</li> <li>Equipment must be cleaned in-between use by submerging the AquaBase and equipment in adequately chlorinated swimming pool water to reduce the risk of transmission of enveloped viruses</li> <li>Equipment that can't be cleaned in the adequately chlorinated swimming pool water should be cleaned with anti-viral wipes</li> <li>Where possible participants should change into their exercise attire at home, arrive at the pool in a tracksuit or other suitable clothing, towel off after training and return home to shower therefore minimising the transmission risk in changing rooms and following the centre guidance where appropriate</li> <li>For those in high risk groups (or anyone with concerns) they must consult a medical professional before taking part in FloatFit</li> </ul>					
<b>Maintaining social distancing</b>	<ul style="list-style-type: none"> <li>Members</li> <li>Participants</li> <li>Instructors</li> <li>Volunteers</li> <li>Parents</li> </ul>	<ul style="list-style-type: none"> <li>Ensure a minimum of 6 metres<sup>2</sup> of pool space per participant</li> <li>Ensure the standard AquaPhysical tethering is used with loops every 2 metres</li> <li>FloatFit Instructors must deliver classes from poolside (as normal) – in a designated area.</li> <li>Make sure the poolside is set up for the instructor to deliver the sessions safely</li> <li>Participants and instructors must maintain social distancing on poolside. Please check this area is big enough to maintain social distancing and reduce class sizes as necessary</li> <li>A one way system for participants should be put in place when arriving, participating and leaving the swimming pool area – including getting in and out of the pool</li> <li>No physical contact between instructors and participants should take place when making corrections, only oral communication, keeping the required distance</li> <li>Create time gaps between sessions so that one group of participants can leave the pool and centre before the next group arrives</li> <li>Make sure there is clear signage to remind participants and instructors of these controls</li> <li>Have taped/marked areas on poolside wherever possible to help maintain social distancing</li> </ul>					